

40 Hour Certified Nursing Assistant / Check off Sheet for CNA Classes

- #1. Attend the Hands-on Clinical Skills Workshop Lab (May re-attend the class if needed)
- #2. At home, review, re-watch, practice and study the CNA Clinical Skills Videos (3 times each)
- #3. Review and Study the Sample Written Test / Indirect Care Skills
- #4. Watch the Theories and Ethics video class online - Covers 18 topics
- #5. Register to take test as soon as you have your \$155 Testing Fees with Prometric.com
- #6 After you register with Prometric.com, schedule your fingerprints if required.
- #7. Take you test and pass.
- #8. You will receive your CNA License Number in mail - EMAIL it to TampaBayCNA99@yahoo.com so we may set up your Med Tech and Medical Record Documentation & Legal Information for Florida Certified Nursing Assistants - "If it's not documented, then it never happened."
- #9. Watch the Hospice and Home Health Care Videos online.
- #10. When all of the above has been completed, email me your name and book number so I can create your CLASS Documentation. NOTEL the Home Health Care Certificate can NOT be issued until I have your CNA License Number.

PCT: If you purchased PCT

1. Watch the pre-class PCT Videos prior to PCT Workshop
2. Schedule your 5 Hr Advanced PCT Workshop here- [Click on this link: http://form.iotform.us/form/52704589721158](http://form.iotform.us/form/52704589721158)
3. Attend the workshop at either Tampa or Riverview (You may do this before your CNA Test)
4. After you pass your CNA EXAM Email the License Number so we can set up the 24 hours of PCT CEUS at TampaBayCEUS.com

NOTICE: The 24 hrs of Hospital CEUS for the PCT Class cannot be set up until we have your CNA License Number from the State of Florida Board of Nursing. We do report these 24 hrs credit to the State of Florida for you.

5. When you complete the 24 hrs of CEUS on line, email so we can issues Class Documentation.

2018 Classroom Clinical Skills for C N A's

- Skill 1 - Hand Washing**
- Skill 2 - Enter Room Procedure**
- Skill 3 - Exit Room Procedure**
- Skill 4 - Change Position in Bed**
- Skill 5 - Transfer To Wheelchair**
- Skill 6 - Bed Making / Pillow Case**
- Skill 7 - Upper Range of Motion Shoulder**
- Skill 8 - Upper Range Elbow Wrist**
- Skill 9 - Lower Range of Motion**
- Skill 10 - Bed Pan Placement (SHOW HOW TO PUT PAN ON ONLY)**
- Skill 11 - Measure Urine Output**
- Skill 12 - Cather Cleaning**
- Skill 13 - Perinea Care**
- Skill 14 - Hair and Nails**
- Skill 15 - Feeding**
- Skill 16 - Pulse**
- Skill 17 - Respiration**
- Skill 18 - Foot Care**
- Skill 19 - Ambulation (walking a patient)**

We also teach these skills...

- Skill 20 - Bed Move in 3 Sections**
- Skill 21 - Place a Bed Matt on Bed**
- Skill 22 - Bed Bath Blanket**
- Skill 23 - Roll Patient from Side to Side**
- Skill 24 - Clean Equipment & Room**
- Skill 25 - How to make a mitt**
- Skill 26 - Gloves**
- Skill 27 - Brushing Teeth**
- Skill 28 - Denture & Oral Care**
- Skill 29 - Upper Bed Bath**
- Skill 30 - Bed Pan Full Skill**
- Skill 31 - Dress a patient with weak right side**

- Written Test Samples (3) – Online**
- Vocabulary Words – Back of Book**
- Indirect Care Skills – Online / Back of Book**